

The A-Fib.com "Questions for Doctors" Worksheet

Doctor's Name

Date of interview

Print a copy of this worksheet for each doctor you talk to. Afterwards compare their answers to the ones on the A-Fib.com/Finding the Right Doctor page.

1. "What treatments do you recommend for treating my A-Fib?"

2. "Do you perform Catheter Ablation for my type of A-Fib? What type of Catheter Ablation procedure do you use or prefer?"

3. "What is your success rate? How do you define 'success'? (Is the patient free of A-Fib and free from drug therapy? Or free of A-Fib but still on medications?)"

4. "How long have you been performing Pulmonary Vein Ablations (PVI/A) for my type of A-Fib?"

How experienced are you with RF and/or Cryo?

How many procedures do you perform a year?"

5. "What kind of complications have you had?"

6. "What techniques or technologies do you use to increase the safety and effectiveness of your procedures? For example, how do you protect the esophagus?"

7. "Do you ever refer your patients for Maze or Mini-Maze surgery?"

8. (For female patients) "What is the extent of your training specifically related to women's heart health?"

Observations: Make notes about the doctor's demeanor, approachability, listening skills, etc. Is this someone you want to work with? That understands how A-Fib makes you feel? That inspires your trust?