



A-FIB'S DEMISE

by Emmett Finch

For those faced with A-Fib,
Be it small or great –
The chances of remission must not be left to fate.
There are many means of treatment,
Available these days –
Providing ways to end it or mitigate what stays.
Have faith and keep the attitude
That the method will be found;
Do your part, search and start, for what there is around.
It's wise to consider life-style,
The foods and the intake too.
What it is you're doing and the impact that comes through.
Do your part and make a start,
To live a healthy life.
And Providence will help you and things will come out right.
Some will use a newer way
Or approach for a correction.
And others choose an older way, or an ancient type direction.
Whatever you may choose to do,
Use an open mind.
For everyone is not the same, and no two of just one kind.
But through it all, keep the faith,
And do not fail to see –
The many ways and means to go as are the possibilities.
For God still rules and there are tools
To correct what needs to be.
Be sure to use them as provided, to make you A-FIB free.

©Emmett Finch

Emmett Finch, The Malibu Poet (Now A-Fib Free)